

RDA North Midlands Region
Regional Training for Coaches

POSITION, POSITION, POSITION

When:

WEDNESDAY 5th April 2023

10.30 AM – 2.30 PM

Where:

KESTEVEN RIDEABILITY

Hough on the hill, Lincs NG32 2BE

Trainers:

Jennie Wilkinson BSc (Hons) Physiotherapy

Lesley Davies RDAC

Karen Thompson RDASC

An in depth look at the position of the rider in walk, trot and canter.

AM: Position of the therapeutic rider and use of the simulator.

PM: Position of the rider in trot and making the first steps in canter.

Open to all levels of coaches and will count as the practical part of the Therapy & Medical Module and a CPD providing a reflection sheet is completed on the RDA website.

Numbers restricted to 20. £10 per person

Tea & Coffee will be provided. Please bring your own lunch.

Book before 29th March 2023

For further information email as above or phone 07732 418848

Booking Form

Name:	
Group:	
Contact Details:	

Please email the booking form to karen@kestevenrda.org.uk and pay by BACs transfer:

Account Name: Riding for the Disabled North Midlands

Sort code: 60-12-35 Account number: 32719418

using your surname or RDA group as a reference

or send the booking form along with a cheque made out to **North Midlands RDA** to:

Karen Thompson

34 Ninth Avenue

Grantham

Lincs NG31 9TF